



HEALDSBURG DISTRICT HOSPITAL

Quality, Compassionate Care

1375 University Avenue, Healdsburg, CA 95448

News at Healdsburg District Hospital

Healdsburg District Hospital now offers Stroke Care right here in northern Sonoma County. Because stroke is the third leading cause of death and the leading cause of severe long-term disability in the US, getting treatment within 3 hours of the onset of symptoms may mean the difference between walking again or being permanently disabled. In keeping with its mission to provide quality care close to home HDH will be able to use its remote presence robot to bring a critically needed neurologist's expertise to the patient's bedside quickly and around the clock. Immediate care will potentially avoid death or disability associated with stroke.

If you or someone you know experiences even one of the symptoms of stroke even if the symptoms go away call 911 and go to the emergency department.

The five warning signs or symptoms can be summarized as:

- WALK (Is their balance off?)
- TALK (Is speech slurred or face droopy?)
- SEE (Is their vision all or partly lost?)
- REACH (Is one side weak or numb?)
- FEEL (Is their headache severe?)

Remember, when dealing with stroke, time is brain.

If you would like to know more about symptoms and treatment options contact the education department at HDH 431-6312.